Full-text articles excluded (n=140), with reasons:
- Quasi RCT (n=11)
- Non-randomized controlled study (n=22)
- RCT, but failed to meet acupuncture criteria (n=98, see Appendix S2)
- RCT, however, the main focus was not on acupuncture but on a combined effect (n=8, see Appendix S3)
- Protocol for RCT focused on the acupuncture (n=1)